

MARTÍN ROMERO DE NEGRI

Nationality: Italian
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Educational background

1. Yoga Instructor

- **2016:** Rainbow Kids Yoga® Teacher, CENTRO MALVA, BUENOS AIRES.
- **2015:** International Teacher Trainer of Aeroyoga®, CENTRO ARGENTINO DE YOGA, BUENOS AIRES.
- **2008 – 2010:** Integral Yoga Teacher, ASOCIACIÓN URUGUAYA DE YOGA, MONTEVIDEO.

2. Other courses

- **2020:** Forklift Operator, FADECOM, SABADELL, ESPAÑA
- **2020:** Food Handler Certification Course, FADECOM, SABADELL, ESPAÑA
- **2019:** Rescue Diver (PADI), BOCAS DIVE CENTER, PANAMÁ.
- **2012:** Welding course (electric and oxyacetylene), A.G.A-THE LINDE GROUP, URUGUAY.
- **2011:** Assistant of hospital pharmacy, E.N.E. (NATIONAL NURSERS SCHOOL), URUGUAY.
- **2005:** Degree in volleyball sports technician, HIGHER INSTITUTE OF PHYSICAL EDUCATION, UNIVERSITY OF THE REPUBLIC OF URUGUAY.
- **2001:** Maintenance electrician, SCHOOLS E.U.C.I, URUGUAY.
- **1995:** Bachelor in informatics, I.T.M AND MEMORY ACCOUNTANT OPERATOR, CÍRCULO INFORMÁTICO URUGUAY.

3. Languages

SPANISH: Native speaker (full competence)

ENGLISH: Intermediate level (B2)

Professional experience

1. Wellness & Yoga

- **11/2019: CENTRO MUV, URUGUAY**

Delivering workshops "Introduction to Aeroyoga" (3 hs) for introductory and advanced levels.

- **10/2018 – 01/2019: ISLAS SECAS RESORT, ISLAS SECAS, PANAMÁ**

Yoga teacher & Massage and Reiki therapist.

- **05/2018 – 07/2018: INNSAEI COSTA RICA, MANUEL ANTONIO, COSTA RICA**

Hatha yoga teacher trainer.

- **01/2014 - 06/2017: CENTRO AGARA, URUGUAY**

Hatha yoga and Aeroyoga teacher and staff supervisor

- **2015 – 2017: AEROYOGA INTERNATIONAL ® (URUGUAY, PARAGUAY, PERÚ, MÉXICO)**

Aeroyoga teacher trainer

- **2004 - 2011: MASSAGE THERAPIST AND REIKI, URUGUAY**

Zen-shiatzu massages, Sportive massages & Reiki

2. Tourism and Gastronomy areas

- **09/2018 – 04/2019: BOCAS DIVE CENTER, BOCAS DEL TORO, PANAMÁ**

Receptionist of the dive center. Customer service and booking management.

- **07/2018 – 08/2018: SPANISH BY THE SEA HOSTEL, BOCAS DEL TORO, PANAMÁ**

Manager: staff supervision, reception of guests and reservations, general organization.

- **05/2018 – 07/2018: SECRET GARDEN HOSTEL, QUEPOS, COSTA RICA**

Reception of guests and reservations, general organization.

- **2004 – 2005: PATIO CANARIO RESTORÁN, GRAN CANARIAS, ESPAÑA**

Kitchen assistant.

- **2001 - 2003: CELITOP S.A. CAFETERÍA, URUGUAY**

Kitchen assistant, customer service, reception and control of products.

- **1999 - 2001: MC DONALD'S, URUGUAY**

Kitchen assistant, customer service, reception and control of products.

3. Health area

- **07/2014 - 07/2017: EMERGENCIA UNO, URUGUAY**

Emergency center supervisor.

- **10/2006 - 12/2013: U.C.M. UNIDAD CORONARIA MÓVIL, GRUPO FALCK, URUGUAY**

Reception and dispatch of emergency calls

4. Maintenance

- **06/2019 – 12/2019: REAL CLUB DE GOLF EL PRAT, BARCELONA, ESPAÑA**

Maintenance and gardening

- **2005 - 2006: TOMACOM S.A., URUGUAY**

Reception, control and distribution of electricity items.

References

- **Yoga:**

- Rafael Martinez (Director of Aeroyoga International ®)

aeroyoga@aeroyoga.info

- Dominique Fragnaud (I.F.L.Y. Paraguay: Yoga and Aeroyoga Center, Asunción, Paraguay)

dominiquefragnaud@gmail.com

- Virginia Suárez (Director of Agara Holistic Center)

virginia.suarez@hotmail.com

- **Tourism area:**

- Guillermo Veghazi (Manager in Bocas Dive Center, Panamá)

simplemente.guishe@gmail.com

- Maité López (Owner of Secret Garden Hostel, Costa Rica)

msslproyectos@outlook.com

- **Maintenance:**

- Adrián Barranco (Real Club De Golf El Prat, España)

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